Pain de Campagne (Levain version)



Morning before baking day—Levain

	Oz	Ingredient	Grams
	2.83	White flour	80
	1.31	Whole Wheat flour	37
	1.52	All Trumps (high gluten) flour	43
	1.31	Spelt flour	37
	1.31	Dark Rye flour	37
	7.07	Water	209
	0.71	Chef Bill (active sourdough culture)	20
	0.00	Salt	-
	0.25	Pale 6-row malt flour	7

Mix, ferment for 8-10 hrs - primary fermentation

Final Dough (night before bake)

Oz	Ingredient	Grams
16.67	White flour	472
0.00	Whole Wheat flour	-
0.00	All Trumps (high gluten) flour	
0.00	Spelt flour	-
0.00	Dark Rye flour	-
16.31	Levain from above (all)	462
9.09	Water	269
0.00	Yeast	-
0.51	Salt	14
0.79	Lyles Golden Syrup	22
0.42	Potato Flakes	12

Day (morning) before bake

mix levain and let rest, covered, for 8-10 hours.

Hold back salt and some flour, add remaining ingredients, mix, add salt, mix,

Work in last of flour, let dough rest 30-40 minutes. Do stretch & folds during

next 1-2 hrs, dough should have developed some good elasticity. Refrigerate overnight.

Bake Day: Remove from refrigerator, let warm for an hour, size loaves, stretch & pre-form - 30 minutes

Form loaves and place in couche/floured basket @70-72F for 6-8 hrs or until finger test OK

Single slash, bake at 500-525F for 30 minutes, turn & check for another 15 minutes or to 205-206F internal temp

*Note if oven hearth is too hot, bake loaves until set and then move to inverted sheet pans

Baker's Percentage

78.4 Flour, White

5.2 Flour, Spelt

64.5 Pre-ferment

Ounces Ingredient 19.8 Flour, White

Total Flour

25.3

Total Batch Weights

1.3 Flour, Whole Wheat

1.5 Flour, All Trumps

1.3 Flour, Dark Rye

0.3 Pale 6-row malt flour

0.8 Lyles Golden Syrup

43.8 Total oz of added ingredients

43.7 Estimated dough oz on table

1,261 Total grams of added ingredients

1,259 Estimated grams dough on table

0.4 Potato Flakes

16.3 Pre-ferment

1.3 Flour, Spelt

Yeast

16.5 Water

0.5 Salt

-

65.3 Water 0.0 Yeast 2.0 Salt

5.2 Flour, Whole Wheat

6.0 Flour, All Trumps

5.2 Flour, Dark Rye

1.0 Pale 6-row malt flour3.1 Lyles Golden Syrup1.7 Potato Flakes

Estimated Batch Loss

173.0

Batch

Costs

0.61

0.03

0.06

0.1

0.09

0.03

0.05

0.02

0.18

0.05

1.26 Total Batch Cost

0.61 Cost per 18 oz loaf

0.03 per oz of dough

-

Total Baker's %

Total Batch

Weight in Grams

563 \$

37

43

37

37

488

14

7

22

12

462

\$

1.0% Estimated loss

1.010 + prep weights

99.8% - estimated remaining